

Giving Praise.

Why should I praise my children?

Praise helps children to remember what we'd like them to do, how we expect them to behave.

Praise helps children to feel good about themselves, so they are more likely to behave well.

Praise helps us to notice all the good things about our children, rather than mostly focusing on their faults.

Praise helps us to feel good too – it's no fun having to tell children off all the time.